



SPECIAL TO BMN

Thermo Fisher Scientific has donated two refrigerator to Bounty & Soul.

Bounty & Soul receives new refrigerators

STAFF REPORTS

Bounty & Soul, a non-profit hunger relief organization that serves the greater Swannanoa Valley, has received a donation of two new laboratory-grade refrigerators from Thermo Fisher Scientific, a manufacturer of life sciences and environmental products with a location in the Asheville area.

“We are thrilled to receive these refrigerators which provide space for us to store up to 500 more pounds of fresh produce and other healthy staples such as eggs, yogurt, and hummus,” said Ali Casparian, Bounty & Soul founder and executive director.

“We are grateful to Thermo Fisher for their generosity, which will help hundreds of people in the Swannanoa area have better access to healthy, fresh food.”

Bounty & Soul provides fresh produce, health and wellness education and resources to families and individuals in need through five weekly markets. The organization distributes about 6,000 pounds of food a week to those in need throughout the Swannanoa Valley.

Recent research shows that one in four Western North Carolina children are food inse-

cure and don't have access to healthy food, jeopardizing their health both now and in the future.

The additional refrigerated food will be distributed at Bounty & Soul's markets and will allow more families an opportunity to eat nutritious meals and maintain a healthy life, while also helping to alleviate hunger, malnutrition and food insecurity.